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Welcome to the office of Dr. Robert D. Ramirez, D.M.D, a private family and cosmetic dentistry office located in Roseville, California. We provide dental services in Roseville and the surrounding communities of Granite Bay, Rocklin and the Sacramento area.

The Private Office Advantage

We provide personalized dental care to our patients. Unlike many large dental offices, Dr. Ramirez schedules just one patient at a time. He is committed to spending quality one-on-one time with you to assure you receive the best care. He also takes time to explain treatment options and answer any questions that you have.

Dental Services

We provide a wide variety of family and cosmetic dentistry services including:

- Examinations and X-rays
- Teeth Cleaning
- Composite Fillings
- Dental Implants
- Teeth Whitening
- Porcelain Veneers
- Porcelain Crowns
- Simple Orthodontics
- Treatment for Periodontal Disease
- Crowns
- Bridges
- Dentures
- Root Canals



The Importance of Oral Health

Healthy teeth and gums aren't just important to how you look, but how you feel. Untreated dental conditions, such as periodontal disease or tooth pain, can lead to the need for more complex dental treatments and can adversely affect your overall health and quality of life.

Proper prevention and maintenance is essential for achieving a healthy mouth. Be sure to schedule dental examinations and cleanings twice each year for your whole family.

You only get one set of teeth. Our mission is to help you make them last a lifetime.



About Us

Dr. Robert D. Ramirez, D.M.D. received his degree in dental medicine in 1979 and his board certification in 1986. After working in the Bay Area until 1993, Dr. Ramirez relocated to Northern California. He opened the doors to his own practice in Roseville, California in 1999.

Dr. Ramirez enjoys spending time with his wife, Brenda, and their two sons at their home in Granite Bay.

Our Practice

We specialize in offering personalized service. While many large dental offices herd patients through in large numbers, our approach is unique.

Dr. Ramirez does not believe in lining patients up in chairs and jumping from patient to patient. He schedules just one patient at a time in order to give you his full attention. He treats each patient personally so that he can provide the best possible dental care.

Insurance

We accept most major insurance policies. Please call our office to inquire about your plan.



Prevention

Regular dental examinations are essential to maintaining a healthy mouth. Early detection of decay and other problems allows us to provide treatment before the problem gets worse.

Dental Examination

Our exams include the following:

- **Diagnostic X-rays:** An x-ray is a tool that allows us to see decay, fractures, bone loss, cysts, tumors, and root positioning.
- **Oral Health Examination:** We utilize special dental instruments to probe the surface of the teeth for decay. We also check the health of existing fillings, crowns and other previous dental work.
- **Gum Disease Evaluation:** We evaluate the gums and bone around the mouth for signs of periodontal disease.
- **Oral Cancer Screening:** We check the mouth, tongue, gums, lips, face, and neck for signs of oral cancer.

Dental Cleaning

Professional dental cleaning is recommended twice each year. These cleanings not only help in maintaining the overall health of your teeth and gums, but can help you achieve a brighter smile.

- **Calculus Removal:** Calculus, also known as tartar, is hardened plaque that accumulates on the teeth and along the gum line. A trained hygienist uses special dental instruments to remove the build-up, preventing further erosion to the affected area.
- **Plaque Removal:** Plaque consists of bacteria that build up on the teeth. If left untreated, plaque can cause cavities, inflammation to the gums and other oral health issues.
- **Tooth Polishing:** This procedure is used to remove stains and plaque. Polishing leaves your mouth feeling clean and healthy.



Cosmetic Dentistry

A beautiful smile improves your appearance and builds confidence. Whether you want to brighten your teeth, close a gap or replace or repair damaged teeth, we provide an array of cosmetic dental procedures to help you achieve your best smile.

Composite Fillings

Made to match the color of your teeth, composite fillings are a popular option for filling an area that is decayed, repairing a chipped or broken tooth or closing a gap between teeth.

Composite Filling Procedure

Before filling a tooth, Dr. Ramirez will numb the affected area. He will then clean decay from the tooth, fill the tooth, and shape it back to its original form.

Porcelain Crowns

When a tooth is damaged and cannot be repaired with a simple filling, often due to a fracture or following a root canal, a crown is used to encase the tooth and restore it to its natural shape and size. Though there are several types of crowns available, a porcelain crown is made to match the natural color of your teeth.

Porcelain Crown Procedure

Two dental visits are usually required for crowns. During the first appointment, Dr. Ramirez will numb the affected area and take a mold of the tooth. This mold is used to create a temporary crown and is also sent to a lab where a permanent crown is created. After completing any necessary treatment to the tooth, the doctor will install the temporary crown. During the second visit, usually about two weeks later, the permanent crown is placed on the tooth and is filed and adjusted until you are able to bite down properly.

Teeth Whitening

Coffee, smoking, red wine, medications, genetics and other factors can cause teeth to discolor over time. Fortunately the brightness of your smile can be improved greatly through simple and painless whitening treatment.

Teeth Whitening Treatment



Two dental visits are usually required for teeth whitening. During the first visit, Dr. Ramirez will make a mold of your teeth so that custom trays can be manufactured. During the second visit, the trays will be fitted to your mouth and you will receive instructions for conducting the whitening treatment at home. You can expect to fill the trays with a special whitening solution that you will wear for periods of time during the day or while you sleep. Depending on the level of staining and your response to treatment, you may need to use the treatment for several days or weeks to achieve your desired results.

Orthodontics

When a patient experiences an improper bite or problems with alignment of teeth, dental braces may be used to maneuver the alignment of the teeth and correct problems. A retainer is a portable device that may be used before or after braces to hold teeth in position while the gums and bone adjust.

Orthodontics Procedure

Dr. Ramirez provides simple orthodontic procedures including braces and retainers. Several appointments are required to install braces and monitor the progress. Braces are traditionally made of stainless steel, though more aesthetically pleasing options are available. Braces are adhered to the teeth and are used to direct the teeth into better alignment. The average tooth can move about a millimeter per month, though results vary depending on the individual. As a result, the length of time that braces are needed depends on the patient's response to the treatment.



Restoration

Porcelain Veneers

For a complete smile makeover, porcelain veneers are used to camouflage the appearance of teeth that are severely stained, crooked, too large or too small, or otherwise misshaped or damaged. Made from a thin layer of durable porcelain, veneers are adhered to the front of the teeth and can dramatically improve your smile.

Porcelain Veneers Procedure

Two dental visits are usually required for veneers. During the first visit, Dr. Ramirez will take a mold of the teeth that is sent to the lab where the veneers are manufactured. The teeth will also be filed and smoothed over to prepare for the veneers. During the second visit, the doctor uses special cement and light treatment to bond the veneers to the surface of the teeth. Little or no anesthesia may be required for the procedure.

Dental Implants

When one or more teeth are missing, dental implants are an alternative to dentures. A dental implant is a composite tooth and root that is surgically implanted into the jaw bone.

Dental Implant Procedure

Several dental visits are required for dental implants. During the first visit, Dr. Ramirez will take an x-ray of the tooth and jaw area to assess the root structure and space requirements for the replacement tooth. He will also take a mold of the area that will be used to create the implant.

Once the implant is created, the area will be numbed and the implant will be surgically placed into the jaw bone. Over the next several months, the healing process occurs as the implant adheres to the bone. Sometimes a second surgery is needed to install additional support to hold the implant in place.

The healing process can take several months and during that time, may require additional visits and fittings. Once the implant is securely in place, the artificial tooth is bonded to the area and the process is completed.



FAQ

1. How often should I have a dental exam and cleaning?

It is generally recommended that patients receive examinations and cleanings twice each year.

2. How can I tell if I have gingivitis or periodontal (gum) disease?

Your dentist is best equipped to determine if you have periodontal disease; however, there are some symptoms to watch for:

- Bleeding or puss around the gums
- Receding gum lines
- Inflammation in the gums
- Loose teeth
- Persistent bad breath
- Pain or discomfort in the gums

Depending on the severity of the disease, you may need a series of teeth cleanings or deeper cleaning treatments (root planting). Periodontal disease can have severe and long-term health consequences so it is important to seek treatment early.

3. Why is it important to use dental floss?

Plaque can build up between the teeth and lead to decay and periodontal disease. Though brushing your teeth regularly takes care of most of the surface of the teeth, a toothbrush can't reach the crevices between the teeth. Adding daily flossing to your routine provides an extra level of protection from dental problems.

4. What are porcelain veneers and how can they improve my smile?

Veneers are thin porcelain layers that are affixed to the front of teeth and can dramatically improve your smile. Veneers are ideal for people with severe staining, chipped or broken teeth, and crooked or otherwise damaged teeth.

5. What can I do about stained or discolored teeth?

Having your teeth whitened is a painless and effective solution that can dramatically improve the brightness of your smile. We can create custom whitening trays for you to use at home. You will fill them with the whitening solution and wear them several times during the day or while you sleep. The length of treatment depends on the severity of the discoloration.



6. Are amalgams (silver) fillings safe?

(we need to discuss this—I'm not sure how you want to answer this.)

7. What should I do if I have bad breath?

(we need to discuss this—I'm not sure how you want to answer this.)



Contact Us

We provide a free consultation for new patients. Please call our office to schedule an appointment.

Dr. Robert D. Ramirez, D.M.D.
Family and Cosmetic Dentistry
(add address and phone number here)

Directions

(need to add these)

Business Hours

Monday – Friday: (need to add these)

Emergency after-hours service is available. Call our office for details.